

Abstract

Title: Reasons why children in pubescence (age 14 – 18) terminate their sport activity at judo competitions

Objective: Goal of my dissertation work is to find out possible reasons why children terminate their sport activity at judo competitions in pubescence.

Methods: A survey sent to 42 judo trainers and 21 children helped to find out the reasons why children terminate their sport activity at competitions at the age 14 – 18.

Results: We have found out that the main reasons are feeling of anxiety before the match, lack of time and demanding studies at high school and university out of the hometown.

Keywords: reasons for termination of the sport activity at competitions, trainer, judo, motivation